

**How to Have a Champion Marriage  
Lesson 4**

**I. SIX KEY DIFFERENCES BETWEEN A MAN AND A WOMAN.**

A. Major differences between men and women:

<b>Men</b>	<b>Women</b>
1) Physically active.	1) Likes to talk.
2) Majors on _____.	2) Majors on _____.
3) _____.	3) The “_____”story.
4) Responsible to provide money.	4) Responsible for children and home.
5) Aggressive/protector	5) Helper/supportive/protected.
6) Thinkers/_____.	6) _____oriented.

1. These are not absolute truths for every person, but we will find them generally true in most relationships.

2. The way they may be manifested in each relationship is, of course, as unique as we are.

B. Those listed on men’s side would not be complete without those on the woman’s side.

1. The \_\_\_\_\_we most want to push down and change are those that will *fulfill* and complete our relationship with our mate.

C. **#1 Men like to be active**

**#1 Women like to talk.**

1. Women generally \_\_\_\_\_, and are tuned in emotionally.

a. We need to “feel” from our mate what is happening.

b. We need to “feeeel” the emotion together.

c. A woman \_\_\_\_\_a man to feel and talk.

2. A man \_\_\_\_\_a woman’s needs should be met when they do something \_\_\_\_\_.

- a. A woman also has to recognize that all of a man's needs are not met by just sitting around drinking coffee and talking.
  - b. They don't want to drink coffee all night and "visit".
3. Both men and women must have their needs met. It's our responsibility to find out what will satisfy our mate's needs.
- d. Build a \_\_\_\_\_ to your mate.
  - e. A wife needs to figure out what activity her husband likes to do and plan something.
    - 1) Make it a \_\_\_\_\_ to be active with your husband.
    - 2) Can you learn your husband's favorite activity? (Golf, fishing, hiking, etc.)
    - 3) Take a class and learn how to do it; ask your husband to do the activity with you and then be a happy, active part.
  - c. A man needs to \_\_\_\_\_ and visit and woman needs to be \_\_\_\_\_.
    - 1) Men need to set time aside to visit.
    - 2) A man needs to plan time out for an evening to talk.

**D. #2 Men Major on the majors**

**#2 Women Major on anything**

- 1. Women will go more into \_\_\_\_\_ of things. More how to's, because we major on everything. Women are the Amplified Version of the Bible.
  - a. For women this is a \_\_\_\_\_ - \_\_\_\_\_ quality that helps complete the wife in their marriage relationship. The woman will generally go for the emotions and feelings of the person in order to solve the problem.
  - b. Think about how a woman acts when she is upset about something
- 2. Man's ability to major on the majors is a \_\_\_\_\_ quality to the woman.
  - a. Men have a way of going past the feelings and emotions of a situation and getting to the solution in a very logical, unemotional way.

**E. #3 Men-Headliner**

**#3 Women-The "whole" story.**

- 1. Men don't want to \_\_\_\_\_ all that much.
  - a. Men want to say just what is necessary to get their point across, women want to fill in every blank.
  - b. Men say, "Oh, something happened and it's okay now. That's great." They're done, it's finished and there is no need to bring it up again.

- c. men need to plan to give time to their wife (to communicate her story and plug into it).
2. Women \_\_\_\_\_ to talk!
    - a. Women want to understand why something happened and how the person \_\_\_\_\_ when it happened and what they are going to do about it now that it has happened.
    - b. Women must plug in as to when to “tell the whole story” and when to be still.
      - 1) Women must learn to respect their husband’s “quiet” space. (boundaries or personal property lines)
      - 2) Check for body signals: glancing away, looking at his watch, fidgeting. Don’t say something unnecessary which could start a fight.

F. **#4 Men-Responsible to provide money      #4 Women-Responsible for children, home.**

1. Maybe a husband and wife are fighting over the fact that they don’t have enough \_\_\_\_\_ .
  - a. But really the wife is feeling like, “We don’t have enough money to do anything with the kids.”
  - b. The husband is feeling bad because he’s the one who’s supposed to be providing the money,
  - c. She’s hitting the man’s major \_\_\_\_\_ in fighting over not enough money.
2. A man can \_\_\_\_\_ his wife from nagging by getting God’s Word, and start believing for *His* abundance.

**Matt. 11:28-30**

*Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.*

3. Believe, Trust and Do the Word.
  - a. Women, stop hounding your husbands for more. Romans 10:17 says to \_\_\_\_\_ those things that be not as though they are.
  - b. Do a \_\_\_\_\_ on walking in faith and then believe God for your desires.
4. Women may fight because the children haven't been acting right.
  - a. Maybe they are \_\_\_\_\_ responsible for the children’s behavior.
  - b. Maybe the house has been a mess lately and they need help to get on top of things, but they won't ask.
5. \_\_\_\_\_ each other’s point of view.

- a. Women use your “whole story” strength!
  - b. Ask your husband to sit down and share what’s going on with him.
  - c. Think about how to \_\_\_\_\_ with your mate. Does yelling, accusing and getting mad work?
6. Try building first.
- a. Communicate your admiration, respect and honor. Talk about what each other is \_\_\_\_\_ in the area of your needs.

G. **#5 Men-Aggressive/protector** **#5 Women-Helper/protected.**

1. Man has been \_\_\_\_\_ to dominate. He can choose to rule in love and kindness or he can rule in hate. He has a \_\_\_\_\_ born quality to rule.
2. The wife is called to be his \_\_\_\_\_, not to be the one in control. The word “helper” in the Hebrew means to help, aid, serve or support.
3. Wives can help their husbands use his God-given aggressive nature for good in these ways:
  - a. \_\_\_\_\_.
  - b. \_\_\_\_\_ to love, appreciate and honor your husband. (*Eph. 5:22-33*)
  - c. Have \_\_\_\_\_ in your man. Believe in him and tell him that you believe in him regularly.
4. Men - start in the morning praising her as your partner - a gift from God

**Prov. 31:28**

*Her children rise up and call her blessed; Her husband also, and he praises her.*

- a. You have received favor from God.
  - b. She is valuable.
  - c. A treasure to you.
5. \_\_\_\_\_ whatever negative things you have been saying, doing, etc.

**Prov. 18:21**

*Death and life are in the power of the tongue, And those who love it will eat its fruit.*

- a. \_\_\_\_\_ with one negative statement you have saying and attack it within yourself.
- b. If you are always trying to “\_\_\_\_\_ - \_\_\_\_\_” your mate, or prove that the opposite sex is cooler, why?

H. #6 Men-Thinkers #6 Women-Feeling oriented

1. Men are \_\_\_\_\_.
  - a. Men can't figure out why women even ask some questions. They wouldn't think about that part as being important. So often men don't realize that women "feel" things.
  - b. For the man, it can be frustrating because they can't \_\_\_\_\_ why women \_\_\_\_\_ the feeling of what they are saying.
2. Women are \_\_\_\_\_.
  - a. For the woman, it can be very frustrating if we don't get the \_\_\_\_\_ of what they are saying.
  - b. Women are much more prone to be into how life is feeling rather than, how life is going.
  - c. There's an emptiness in a woman when she doesn't get the \_\_\_\_\_ part of her fed.
  - d. Women have to understand that just because they \_\_\_\_\_ like doing something, men have to \_\_\_\_\_ about it first.
- I. Looking over the six differences between men and women do you see \_\_\_\_\_ you and your mate may be missing each other?
  - a. Talk about each area and see if some of your arguments may be simple to defuse once you begin to understand each others point of view.
  - b. When we \_\_\_\_\_ the other person to be who they are, we can \_\_\_\_\_ together instead of always stirring each other up and being mad.
  - c. When we are not blended together as one, there is something left out of our relationship that is supposed to be there.
- J. We are created to \_\_\_\_\_ and \_\_\_\_\_ each other. Can you see ways that your mate completes you?
  - a. \_\_\_\_\_ and enjoy the role God has for you.
  - c. Are you presently doing what God wants for you in your marriage, family and career?

**Eph. 5:21-26, 28**

*Submitting to one another in the fear of God. Wives, submit to your own husbands, as to the Lord. For the husband is the head of the wife, as also Christ is head of the church; and He is the Savior of the*

body. Therefore, just as the church is subject to Christ, so let the wives be to their own husbands in everything. 28 Husbands, love your wives, just as Christ also loved the church and gave himself for it, that He might sanctify and cleanse it with the washing of the water by the Word. So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself.

## ANSWER KEY

Page 1  
majors  
everything  
Headliner  
whole  
logical  
Feeling  
qualities  
talk  
needs  
thinks, active

Page 5  
thinkers  
understand, need  
feelers  
feel  
emotional  
feel, think  
areas  
allow, blend  
compliment, complete  
Find

Page 2  
bridge  
priority  
talk, active  
detail  
God – given  
helpful  
talk

Page 3  
love  
felt  
money  
nerve  
stop  
call  
study  
feeling  
Understand

Page 4  
talk  
doing  
called, natural  
helper  
Pray  
Learn  
faith  
Change  
Begin  
out – do